

COVID-19 Symptom Flow Chart

(Reference for fully vaccinated or age 11 and younger)

Parents/caregivers answer on behalf of their child. Visit <https://covid-19.ontario.ca/school-screening/> for complete screening tool.

List 1- In the last 5 days, have you experienced any of these symptoms? ●Fever (37.8 or above), ●Cough, ●Shortness of breath, ●Decrease or loss of taste or smell? (that is new, worsening, and not related to other known causes or conditions)
You can select “No” if you tested negative for COVID-19 on a single PCR test or two rapid antigen tests taken at least 24 hours apart AND your symptoms have been improving for at least 24 hours (fever must be completely gone).

NO

YES

List 2- In the last 5 days, have you experienced two or more of these symptoms? (new, worsening, and not related to other known causes or conditions)

●Muscle aches/joint pain, ●Extreme tiredness, ●Sore throat, ●Runny or stuffy/congested nose (Not related to seasonal allergies, being outside in cold weather, or other known causes you already have), ●Headache (not related to tension-type headaches, chronic migraines, or other known conditions you already have), ●Nausea, vomiting and/or diarrhea (Not related to IBS, medication side effects, or other known causes you already have)

You can select “No” if your symptoms have been improving for at least 24 hours (or 48 hours from having your last bout of nausea, vomiting, and/or diarrhea) AND you tested negative for COVID-19 on a single PCR test or two rapid antigen tests taken at least 24 hours apart.

NO

YES

If you have only one symptom from List 2, it is less likely that you have COVID.

Self isolate until your symptom is improving for at least 24 hours (48 hours from having your last bout of nausea, vomiting, and/or diarrhea).

Your household members do not need to self isolate.

Let the office know the start date of your symptoms.

You must isolate for 5 days and until your symptoms have been improving for at least 24 hours (48 hours for nausea, vomiting, and/or diarrhea). The days start from the date your symptoms began.

If are able to access testing and had a negative result on a PCR test or on 2 rapid antigen tests taken at least 24 hours apart), you can return to child care if it has been at least 24 hours since your symptoms started improving (or 48 hours from having your last bout of nausea, vomiting, and/or diarrhea). You must inform the office about the results of the test if you are returning before the 5 day isolation period is up (or 48 hours from having your last bout of nausea, vomiting, and/or diarrhea).

The people you live with must also self-isolate at the same time as you, whether they are fully vaccinated or not.

Let the office know the start date of your symptoms.